

## Tantric Sex The Truth About Tantric Sex The Ultimate Beginners Guide To Sacred Sexuality Through Neotantra Tantric Sex Books Tantric Sex For Men And Women

Have you ever felt that ecstasy after a beautiful night with your partner? Do you have the desire to feel it again and again? Would you like to drastically improve your relationship and live your sexual life to its full potential? Would you like to have a tool that is going to lead you in every area of internal and external relationships? I think your answer is a definite "Yes" to at least one of these questions, so just keep reading... "TANTRIC SEX" - a book that will teach you the secrets of long-lasting relationships. A complete guide for tantric philosophy, meditation, massage and sex. Sex is one of these topics people never talk about in public, friends, relatives, even with their partner. Silence is usually a big problem that can break relationships, even after decades in a relationship. Tantra is a philosophy that has been used for over 6000 years, starting in India and has helped a lot of modern time people who dealt with their intimate relationships with their partners. In this guide we managed to take all the most researched information, put it together and create the most practical and simple guide with clear directions and explanations. Let's take a look at only a few things we will teach you in this book: Tantra and its benefits Sex and Orgasm (everything you need to know) Mind preparation guide for passionate relationship How to use Tantra philosophy in your everyday life? Tantra is not only about a personal relationship Now it is your turn to take action. Scroll up, click on "Buy Now" and experience it!

Are you looking to spice up your sex life? Maybe things are getting a little boring in the bedroom and you're looking for that extra "oomph". If you're someone who wants to make your sex life that little more interesting and benefit from a plethora of benefits that come with it, then this is the book for you! "Tantric Sex Positions" is your definitive guide to the age old sex practice that has been improving the bedroom lives of people for aeons. Inside you'll learn everything you need to know about this exciting, tried-and-tested sexual practice. The topics you covered inside include: A thorough run down of all the basics you need to know to get started with this timeless sexual practice. An explanation of all the known therapeutic benefits of engaging in tantric sex. A detailed explanation of all the penetrations and positions you can use to improve your sex life. Techniques to prepare yourself for a tantric sex session. The truth about orgasms and how to make them even better. How to overcome insecurities in the bedroom. The tantric approach to contraceptives. Whether you feel insecure in the bedroom or are just looking to get more pleasure from your sessions, this book can help. The therapeutic benefits of tantric sex are endless. From anxiety and stress relief to having more peace of mind, this timeless sexual practice can do wonders for your well being. See this book as your blueprint to tantric sex success. You're one way ticket to a better sex-life through the practice of tried-and-tested methods that have helped spice up the sex lives of hundreds around the world already. Grab a copy now and supercharge your sex life today!

Learn to enjoy and improve your sexuality through a new and uniquely spiritual approach. In the East lovemaking is seen as a pleasurable journey; the Tantric Buddhists, for example, use sex as an enjoyable path to enlightenment. While we may not want to go so far, we can certainly learn to add enjoyment, energy and power to our sexual relationships. This comprehensive introduction to tantric sexuality offers a radically different and exciting new dimension to sex within a loving relationship. It explains in a clear and simple way the practical techniques that you can try if you want to further your knowledge of esoteric lovemaking. Change your sexual focus from the one of mere pleasure or procreation to that of a higher spiritual nature with more enjoyment and pleasure.

Pocket-sized guide to tantric sex. Gives a general outline of the spiritual Hindu concept of tantric sex and how to apply its principles for a more fulfilling sex life and relationship. Includes bibliography.

A tantric guide to discovering the hidden gifts of menopause • Explains why Tantra works for menopausal women and how their bodies are naturally entering a more tantric phase focused on creative, spiritual energy • Details tantric practices and tools to connect with the body's inner intuitive wisdom, remove the "performance pressure" of conventional sex, and set the stage for passion and pleasure to thrive both in the bedroom and beyond • Explores what to expect physically, emotionally, and spiritually, and in relationships As women, we live so closely to the body--through menstruation, pregnancy, birthing, motherhood, and then menopause. Each of these transitions changes a woman in a multitude of ways, most of which are celebrated. Yet menopause often causes women to feel despondent, as if our bodies are broken or deficient, especially when it comes to sex and intimacy. However, as tantric teachers Diana Richardson and Janet McGeever show, menopause has many hidden gifts to offer if we learn to embrace rather than suppress the changes this natural transition brings. Shining the light of tantric intelligence on menopause, the authors reveal how to explore and experience menopause in a radically positive fashion, suffused with a sense of vital awakening and "re-wilding" of a woman's sexuality, creativity, and spirituality. Explaining what to expect physically, emotionally, and spiritually, as well as what it means for relationships, they detail tantric practices and tools to connect with the body's inner intuitive wisdom and heart energies, remove the "performance pressure" of conventional sex, and set the stage for passion and pleasure to thrive both in the bedroom and beyond. They explain why Tantra works for menopausal women and how their bodies are naturally entering a more tantric phase focused on creative, spiritual energy. They explore how, in Tantra, sex is practiced not for the sake of sex itself but as an instrument for going "beyond" sex, for better health, improved relationships, enhanced self-control and emotional balance, and even higher states of consciousness. They also offer many self-help practices, exercises, and meditations to reinforce a positive attitude toward menopause and overcome many of the physical and sexual problems, such as pain, dryness, loss of interest, and loss of libido. Providing a guide for women who are approaching, experiencing, or have gone through menopause, the authors show how a more informed, tantric approach to menopause allows each woman to deepen her trust in the perfect functioning of the female body, embrace her natural sexual response, and reconnect with her inner self.

Acclaimed sex educator Barbara Carrellas radically updates the ancient practice of Tantra for modern sexual explorers desiring to push past their edge in search of the great cosmic orgasm. This updated edition celebrates the 10th anniversary of Urban Tantra, and is revised to include more inclusive gender pronouns and language, new science and safe sex information, and an updated reference section. With more than one hundred easy-to-follow techniques for expanded orgasmic states and solo and partner play (as well as more adventurous practices), this in-depth guide reveals the delicious worlds of ecstasy available to all, no matter one's gender, sexual preference, or erotic tastes. Urban Tantra expands the notions of pleasure and opens new heights of intimacy and sexual fulfillment.

Do you want a sexual life more emotional and interesting? This book is the perfect guide for you to feed your knowledge about Tantric Sex. Tantric Sex is an inspiring guide for tens and hundreds of thousands of amorous couples, helping them to learn and

manage the mind, body, and emotions, allowing them to gain maximum freedom and liberation in the intimate life. This is what you'll learn: The origins of Tantric Sex Preparing for Tantric Sex Its benefits Tantric Mitsu...And Much More... Many couples underestimate the importance of good sex and so about 40% of separations of couples happens because of weak sexual performance. So, do not ignore the problem because it is a matter of your life and just because of this small issue do not let your loving partners go away from you. Mastering these tricks will not be difficult and the result will exceed all your expectations. So, if you want to reach full sexual potential and become a relentless, stunningly inventive lover just Click "Buy Now"!

TANTRIC SEX Are you looking to evolve your relationship to how it used to be? Are you just interested in seeing the difference Tantric Sex can make towards your love and sex life? If yes, then keep reading... Sex is a very important part of maintaining excitement and love in your relationship and this is why Tantric Sex teachings are highly recommended for all couples. Whether you're a beginner or a pro at Tantric Sex this book teaches you the tips and secrets you need to know towards love making through the act of connecting your emotions with sex. Tantric belief systems see sex and eroticism as being natural aspects of life; furthermore, sex is viewed as a path to spirituality. This book will focus on introducing you to the ideas behind Tantric Sex and provide a practical guide on how to incorporate Tantric Sex in your sex life (including Sex Positions). Following these teachings will greatly increase the excitement towards your sex life, creating an even stronger physical and emotional connection with your partner. Tantric Sex is meant for you to emancipate yourself from any boundaries that could be present within your relationship, allowing each partner to open up to their sexuality, by clearly outlining what it is to 'make love' in the most comfortable and sexual way possible. Here Is What You Will Discover... Tantric Sex Tantric Massage Tantric Oral Sex Foreplay Techniques Oral Sex Positions Sex Positions Love Making Relationship Growth Increased Physical And Emotional Attraction Tantric Exercises Much, much more! Maybe you're thinking Tantric Sex won't fix things or it won't boost you emotional and physical connection with your partner... But it is the people who are willing to take action and be open and adventurous towards this art of love that lead to having successful relationships. Excite your partner and most of all evolve your relationship to how it should be. Enjoy the experience! Buy Your Copy Today!

Using the tantric guidelines they have practiced for more than 25 years, Diana and Michael Richardson show men how to move beyond preconceptions of sex as a goal-oriented--and often stressful--event so they can relax into sex as a meditative union of complementary energies.

Do you want to know what Tantric Sex for Couples is all about? Do you want to know the best tantric sex positions? Do you want to unlock your deepest sexual, physical, emotional, mental and spiritual energy? Do you want to enjoy sex like never before? Then this book is for you! Many couples suffer from communication issues, lack of quality time, insufficient intimacy, unsatisfying sex life. Tantra practices have turned for many adopters a successful way to improve in all those areas. Tantra brings an intelligent approach to life, sex and has the effect of enhancing intimacy and deepening love. So how you can stop missing out on this incredible experience that Tantra can offer? You have come to the right place. This book has got you covered as it contains all the Tantra knowledge you need to bring your sex, emotions, mental fulfillment to the next level and discover your hidden sources of energy. You will also be helped by several illustrations. You will master the art of Tantra which you have wished to know before and you will not believe how you have done without until now! In this book you will discover: - What is Tantra and its benefits - How Tantra helps in connecting the sensory, emotional, cognitive level with spiritual - How can you get the best out of Tantra meditation with the use of Mantra and Yantras - Why and how you should practice Tantric sex - What are the best Tantric sex positions - How can you best use the Tantric Chair to enhance your sex experience - How to give and receive Tantric sex massages - How can you discover and reach the maximum enjoyment - How to benefit from the use of the Yoni Egg And much more! Most books on Tantra Sex touch only the surface and miss to provide the why, how and links among the different elements of Tantra, and they very often have limited or no illustrations at all. This is instead a complete 360 degrees book on Tantra! If you are a beginner, you can start your journey towards full sex enjoyment and unlock your full energy. If you have some experience, get ready to upgrade your level up! Do yourself, your partner and everyone else that you will potentially have sex with a favor, read this book! Give your partner the present of informing yourself about how to bring them enjoyment like never before. Scroll up and get your copy by clicking the "Buy Now with 1-Click" button!

In popular culture, Tantric sex is often associated with marathon sessions of lovemaking in a variety of different positions,. The reality is Tantra is so much more than that. Tantra is a gateway, not just to sexual ecstasy, but to personal healing and fulfillment. Long-time Tantra practitioner Jennifer Lawless describes Tantric lovemaking secrets and reveals the truth about this ancient practice. The second edition has been revised and expanded to include 50 percent more material than the first edition.

Have you ever heard of Tantric Sex? Many people have never heard of it and for those who have, the majority of them are under the misconception that it is all about having long, mind-blowing sex. Although there are sexual components to this belief, it is mainly about going on a spiritual journey to enlightenment and having a deeper connection to the universe around you. There are many steps in this journey to enlightenment, starting with learning certain breathing techniques, which then leads into learning about the importance of balancing your chakras and maintaining that balance. Tantric belief is that everything is connected. Once your chakras are balanced, you can really begin to have fun. Couples are amazed with how they feel after mastering Tantra. Relationships that were once rocky have become more stable, and the partners often feel more connected not only to each other but also to their surroundings. Tantric exercises also help those who are not in relationships. It teaches people how to feel better about themselves, on the inside and out. Inside you will find the following: \* The history of Tantra \* Beginner's basics to Tantra\* Everything you need to know about the seven chakras, including how to unblock them\* The difference between Tantra and Kama Sutra\* Many positions for couples \* And much more...

If you think sexual and spiritual bliss can't be found in today's fast-paced world, you haven't experienced Urban Tantra. With a juicy mix of erotic how-to and pleasure-centered spiritual wisdom, acclaimed sex educator Barbara Carrellas radically updates the ancient practice of Tantra for modern sexual explorers desiring to push past their edge in search of the great cosmic orgasm. With more than one hundred easy-to-follow techniques for expanded orgasmic states and solo and partner play (as well as more adventurous practices), this in-depth guide reveals the delicious worlds of ecstasy available to all, including: The Erotic Awakening Massage • Breath and Energy Orgasms • Twenty-Minute Tantra Evolutionary Selfloving • Sex and Healing • Tantric BDSM No matter what your gender, sexual preference, or erotic tastes, URBAN TANTRA will expand your notions about pleasure and open you up to new heights of intimacy and sexual fulfillment. From the Trade Paperback edition.

The Art of Tantric Sex: Achieve Perfect Intimacy and Experience Unparalleled Pleasure Using Ancient Tantric Sex Techniques Do

you want to spice up your sex life in a meaningful way? Are you looking to improve your relationship and deepen intimacy? Tantric sex means 'the weaving and expansion of energy'. If you feel that your sex life has become a routine affair without much spark, tantric sex is for you. When we spend a lot of time with our partners, we get used to each other. We start operating by default, and the spark of spontaneity and newness gets lost. If we don't do something to fix that, sex life can completely fizzle out. Good news? It's not only possible to have amazing sex in longterm relationships-in fact, the more you know each other, the better. Tantric sex is all about that mind-body connection and the feeling of deep intimacy. It's a slow form of sex that enhances pleasures and leads to mind-blowing, long orgasms for both men and women. Here's what you'll learn in this guide to tantric sex: Tantric Sex 101:

Everything you always wanted to know but were too afraid to ask, explained in detail Breathing and Preparation: Mind and body exercises that will help you achieve the tantric mindset and strengthen your desire for each other Positions and Techniques: How to walk the path of a sex god or goddess and experience mind-blowing pleasure together Multiple Orgasms and Massages: Learn how to prolong the pleasure and reach the stars with these time-tested sex techniques AND SO MUCH MORE! Even if you might think tantra sounds exotic, it's pretty simple. It all comes down to awakening your primal sexual energy and expressing it through intimacy. You and your partner will reach levels of connection you never thought possible! So Scroll up, Click on "Buy Now with 1-Click", and Get Your Copy Now!

Are you searching for a little of that "Extra Fun" in the bedroom? Do you want to discover new ways of experiencing sex and love? How about getting into some new Sex Positions for Couples directly from Kama Sutra and the ancient art of Tantric Sex, mixing all of this with some sexy games? This is the Most Complete Sex Guide around, with 2 Manuscripts in 1 Book: 1. Kama Sutra Sex Positions 2. Tantric Sex Positions With this book you can make yourself a favour and learn everything and anything you want and need to know about how to bring your sex life to the next level. You will discover: Sex Positions for Couples, Kama Sutra Techniques, Tantric Sex Practices and the funniest Sex Games. The right approach to all of these (and how not to mess up) Last, but not least, how to be comfortable in bed and make your partner feel loved The truth about orgasms and how to make them even better. How to overcome insecurities in the bedroom. And much more ! Do yourself, your partner and everyone else that you will potentially have sex with a favor, read this book! Give your partner the present of informing yourself about how to bring them enjoyment like never before.

55% OFF for Bookstores! NOW at \$ 23.95 instead of \$ 33.95 Your customers will wonder why they didn't start reading this book sooner.

In this accessible guide, Shashi Solluna breaks all preconceptions about Tantra and introduces us to the real philosophy behind this sacred practice. In traditional descriptions, Tantra is often defined as meaning "to weave", and can be compared to the weaving of a fabric. Tantra is therefore a path that weaves together. Ultimately, Tantra points us to the highest level of consciousness in which one merges into Oneness and no longer feels like a separate physical entity. This is sometimes called "Heaven" as opposed to the more tangible experience of "Earth". This book explains how Tantra can allow us to move from a physical solid experience of reality into the lighter more ethereal experience – or from Earth to Heaven – and then ultimately bring Heaven to Earth! This books explores: • The history of Tantra • The core principles of Tantra • An understanding of the tantric approach to sexuality • Practices to explore your own Tantric sexuality • A tantric understanding of relationship, love and intimacy • An understanding of Tantra as a spiritual path • Practices for creating spiritual experiences and higher states of consciousness ...and much more!

The Tantric L?v? and S?x S??r?t? How P?rf??t is ??ur ??x life? Does ??x t?t?ll? thrill you? D? ??u ??h??v? sexual ??t??f??t??n? A? a w?m?n, h?w ?ft?n d? ??u r??h ?rg??m? Is your ??x l?f? b?h?nd ?l??d door fun or do you r??l fr?m sexual d????t??f??t??n ?? a r??ult ?f lack ?f ??xu?l ?dv?ntur?? Th?n this book is f?r ??u. Y?u w?ll L??rn th? f?ll?w?ng ?n th?? book: H?w to ??nn??t totally w?th your partner during sex - H?w t? add m?r? spice t? ??ur sex life r??mm?nd?t??n? Preparing ??ur body f?r t?ntr?? ??x D?ff?r?nt t?ntr?? ??x ???t??n? ?nd T??hn??u?? This ??m?r?h?n??v? ?ntr?du?t??n t? t?ntr?? ??xu?l?t? offers a radically d?ff?r?nt ?nd ?x??t?ng n?w d?m?n??n to ??x w?th?n a l?v?ng relationship. It ?x?l??n? ?n a ?l??r and ??m?l? way th? r??t??l techniques th?t you ??n try if ??u w?nt t? furth?r ??ur kn?wl?dg? ?f ???t?r?? l?v?m?k?ng. T?ntr?? Sex ??n tr?n?f?rm your ?x??r??n?? into a m?r? ??n?u?l, l?v?ng ?nd fulf?ll?ng ?n?. T?ntr?? ?? ?n ancient Ind??n tr?d?t??n that r??gn?z?? ??xu?l ?n?rg? as a ??ur?? of personal and ???r?tu?l ?m??w?rm?nt. It'? ?m??rt?nt t? understand that sexual ?n?rg? m?? ?r m?? n?t ?m?l? sexual ??t?v?t?. The und?rl??ng idea ?? th?t sexual ?n?rg? is th? l?f? f?r??; ?t'? what br?ught us ?nt? th? world, ?nd ?t'? one of th? most powerful m?t?v?t?r? in ?ur lives. The more w? ??n r??gn?z?? ?nd ?mbr?? th?? life force, th? m?r? full? hum?n ?nd ?m??w?r?d we w?ll b?. One f?n?l w?? to consider t?ntr?? ?? t? ??n??d?r th? consciousness that comes wh?n you full? ?mbr?? wh? ??u ?r?, ??ur d??r?? ?nd the motivators around ??u, instead of worrying wholeheartedly about ?rg??m?ng ?r h?w 'good' you ?r? ?n b?d "It isn't a technique that m?k?? ??ur ??xu?l ?x??r??n?? "Tantric," r?th?r, ?t'? a shift ?n ?tt?tud?, ?nd this is achieved by ?r?l?ng?ng ?r?u??l ?nd br?ng?ng as mu?h ?w?r?n?? as you ??n to th? activity." The r??t?? of T?ntr? h??ght?n? the energy and creativity l?v?l?, in addition t? reinforcing th? ??rt?r?' ??nn??t??n. It ?? an ?nt?gr?l method th?t permits th? gr?wth of the ??rt??nt? ?n ?ll aspects ?f th??r personality: ??xu?l?t?, ?ntu?t??n, ???r?tu?l?t?, and m?r?. Th? "T?ntr?? Sex" B??k unv??l? the ?r?g?n?, h??t?r?, development, ?nd ?r??t??t?? ?f this ???t?r?? tradition, showing ??u how to harness wh?t m?n? T?ntr?? believe t? be the most ??w?rful ?n?rg?--??xu?l energy. Discover: Description ?nd b?n?f?t? ?f Tantric Sex Pr??r?t??n f?r t?ntr?? sex and t?ntr?? teachings Th? d?ff?r?n?? fr?m tantric ??x fr?m ?th?r ??x Mind-blowing techniques H?w t? m?x?m?z? several types ?f orgasms T?ntr?? f?ll?t?? ?nd ?unn?l?ngu? Lingam and th? ??n? Tantric m????g? and m?d?t?t??n Ways to m?x?m?z? ?n?rg? fl?w S?m? ??x ???t??n? H?w to master T?ntr?? ???t??n? M??t ??xu?l encounters ?r? br??f, ?nd most ?rg??m? l??t ?nl? a f?w ???nd?. In T?ntr?? ??xu?l ritual, ?r?u??l is built ?nd extended f?r the purpose ?f producing ?l?r?d states ?f consciousness. B? ?r?l?

Embrace the Passion and Spiritual Healing of Tantric Sex! Looking For Sexual Healing? Better Communication With Your Lover? Erotic Pleasure? Extended Ecstasy? Timed Bliss? Then THIS BOOK IS FOR YOU! Embrace the Passion and Spiritual Healing of Tantric Sex! Are you curious about Tantric Sex? Do you need guidance to get started? Would you like to know how Tantric Sex can free your body and soul? Discover the many aspects of Tantric Sex: Tantric

Communication Tantric Positions Tantric Exercises and Breathing Myths and Truths about Tantric Sex and Tantra The Ten Pledges of Tantra Mantras and Yantras LEARN THE SECRETS OF TIMED BLISS! Tantric Sex can Increase Love, Alleviate Depression, and Create a Positive Effect on the World. You'll discover many techniques and positions, and even learn how to give a Tantric massage!

Emerging from the ancient Asian tradition known as Tantra (which shares some similarities with yoga), Tantric sex is about the flow and exchange of energy, the movement of life. The Everything Tantric Sex Book unveils the origins, history, development, and practices of this esoteric tradition, showing you how to harness what many Tantrics believe to be the most powerful energy--sexual energy. Discover: Breathing techniques and erotic rituals How to maximize several types of orgasms 24-hour foreplay talk How to create a sensual space Ways to maximize energy flow Links to Tantric workshops How to master Kama Sutra and Tantric positions With The Everything Tantric Sex Book, you'll become a knowledgeable, artful lover in no time by discovering tips for nurturing long-term relationships and learning techniques for more pleasurable lovemaking.

Contains everything a man needs to know in order to be a good lover, based on esoteric traditions of sexual ecstasy. • Includes practical and easy-to-follow Tantric rituals and sacred sexuality exercises for a modern lifestyle. • Uses real-life stories of couples to show the benefits achieved with the practices. • Offers an approach to lovemaking that encompasses all dimensions--physical, emotional, and spiritual. • Written by the co-creators of The Secrets of Sacred Sex video Being a good lover isn't easy. With more freedom, knowledge, and body awareness, today's woman knows better than to settle for predictable, performance-based sex. Tantric Secrets for Men offers everything a man needs to know in order to satisfy a woman's physical, emotional, and spiritual yearnings. Employing the ancient secrets of physical ecstasy, men learn to transform rote sex into passionate lovemaking, pleasure into ecstasy, and partnership into union. From the expert teachings of a committed couple practicing and teaching ecstatic sexuality in a modern-day context, men will learn how to satisfy a woman on the levels of body, heart, and soul--and how to bring themselves to new heights of ecstasy in the process. The authors draw upon time-honored tantric and Taoist practices and modern sexology that will enable couples to make love more frequently, achieve higher and prolonged states of orgasmic intensity, experience lovemaking as a sacred endeavor, and deepen loving relationships.

Learn the Ancient Art that will Spice Up your Bedroom! - 10 Amazing Tantric Positions Included In this book, you will learn how the practice of Tantra has helped many couples achieve greater sexual satisfaction and intimacy. Tantric Sex is a form of Sacred Sexuality practiced by Tantrics, using many ancient Tantric teachings. Many people are interested in the many sexual tips and tricks that Tantric Sex offers. While you will experience an increased excitement and enjoyment of each other's bodies and minds, the principles of Tantric offer so much more in terms of helping you develop closer, more meaningful, and highly rewarding relationships. With the consistent application of Tantric principles, you'll find that your commitment and love will only grow deeper. Most scholars trace Tantra back to India around 500 AD. These set of beliefs, teachings, and practices help practitioners worship and experience the Divine. Through this worship, Tantric practitioners aimed to achieve spiritual awakening, enlightenment, and freedom. Much like other Eastern traditions, Tantra promotes a greater awareness of the Divine in yourself, others, and the world. Join me in learning the amazing impact that Tantra can have on the quality of your life and of your relationships. Here is a preview of what you will learn... - The ancient and somewhat mysterious origins of Tantra and Tantric Sex - How to increase the levels of intimacy with your partner using lighting, sounds and scents... - How different breathing techniques will enhance your pleasure and that of your partner - The benefits and methods to incorporate meditation to the sexual act - 10 amazing tantric positions to increase your pleasure in the bedroom Purchase your copy today!

After many years of exploration, Diana Richardson found that the ancient practice of Tantra, with its unique, intelligent approach to sex, had the effect of enhancing intimacy and deepening love. Here she has adapted Tantra for modern Western lovers in a practical, sympathetic way. Tantric Sex can transform your experience into a more sensual, loving and fulfilling one.

A revolutionary approach to male sexuality offers the keys to achieving sexual fulfillment • Teaches how to retain semen for increased vitality and longer lovemaking • Explains the relationship-strengthening benefits of deep, sustained penetration • Includes foreplay approaches and position sequences Fulfilling sex nourishes love, increases vitality, and boosts mental health. Unfortunately, prevailing attitudes about male sexuality and what is good sex work against these innate features by focusing on the excitement of ejaculation as the one and only goal. Using the tantric guidelines they have practiced for more than 25 years, Diana and Michael Richardson show men how to move beyond their preconceptions of sex as a goal-oriented--and often unintentionally stressful--event so they can relax into sex as a meditative union of complementary energies. They explain how retaining semen allows for increased vitality and extended lovemaking sessions and show the relationship-strengthening benefits of deep, sustained penetration. They also explain how to perform soft penetration and how to avoid premature ejaculation. Tantric Sex for Men includes tried-and-true foreplay approaches, diagrams of sexual position sequences, ways to increase sexual sensitivity through awareness, and how to have ecstatic experiences through reaching a woman's body on a sexually deeper level. The authors also demonstrate how the sexual organs can be used to heal both men and women physically, emotionally, and spiritually.

Did you know that tantric sex is NOT all about sex? Or that it could be a path to healing several other areas of your life? What if you could experience full-body orgasms that lasted for hours? Doesn't that sound incredible? The truth is, the strength of your relationship is not forged during the dates you have or how much time you spend together as a couple. A strong, loving bond that can withstand the test of time is built during the most precious and intimate moments you share with your partner. It is built during sex. Having sex should be more than just satisfying your hormonal lust or desires. Sex should be a time when you connect with your partner in a way so deep, you're both brought to the brink of ultimate bliss. Originating in India sometime between 300 and 400 of the Common Era (CE), the concept of tantra can be

## Where To Download Tantric Sex The Truth About Tantric Sex The Ultimate Beginners Guide To Sacred Sexuality Through Neotantra Tantric Sex Books Tantric Sex For Men And Women

detected dating back to 2000 BC. Ancient civilizations have long been harnessing the power of this remarkable practice, and the modern world we live in is only now waking up all the glorious possibilities tantric sex can bring. Tantric sex is not a religion. It is a practice and a way of life. It doesn't just teach you the various sex methods you could use for greater pleasure alone. It teaches you how to give and receive the loving energy between a pair of lovers. It teaches you about awakening the internal spirit, the energy of life that flows within us all to connect with your spiritual side, and restore meaning to your life. It reminds us that our bodies are a temple and that within every man and woman, there resides a God and Goddess. Tantric sex is about connecting with your partner so deeply that in that union, you feel like you may have found your soul mate at last. You Will Learn: Tantra's emotional and cultural origins Why tantric sex is better than regular sex How to bring out your partner's sensual side Overcoming the myths to discover the truth How to awaken your body and free your mind The true power of breath and what it can do for your sexual experience How to harness the power of your sexual energy How to transform your sexual energy using your chakras How to manipulate the senses for greater intimacy What the erotic awakening massage can do for you Understanding the universal hum The best tantric sex positions to try today There's more to tantra than meets the sexual eye, and this book aims to help you understand why it should be seen as a way to connect meaningfully with your partner rather than seeing it as nothing more than a way for you to have an orgasm. Embrace tantra fully, and you'll live your life with freedom and passion you never knew before. Tantra doesn't just teach you how to connect with your partner. It teaches you how to connect with your world. Tantra is a practice that benefits both men and women, and we'll provide step-by-step guides about how you can work together with your partner the way you are supposed to. This book is not going to tell you how to do it. It's going to show you how to do it. Are You Ready to Change Your Sexual Experience for the Better? Download Now! Your sexual awakening awaits.

What is Tantra? It is joy, passion, and healing. It is trust and kindness. It is power. It is everything that a human being is capable of and more... so much more. Living a tantric life is a life filled with unlimited happiness. It is unfathomable in its greatness. It is a way of intimately connecting with the people around you that will change how you exist in this world.

A revolutionary approach to female sexuality that focuses on relaxation as the key to achieving deep orgasmic states • Explores how receptive feminine energy influences the male-female exchange • Reevaluates the role of the clitoris, breasts, and vagina in achieving orgasm • Provides ancient tantric meditations for increased sensitivity and awareness Fulfilling sex nourishes love, rejuvenates the body, and boosts mental health. Unfortunately, prevailing attitudes in the West work against the natural capacity of women to realize their sexual potential and experience deep orgasmic states. Tantric Orgasm for Women offers women a fresh look at the ecstatic bliss possible within their bodies, using knowledge and approaches from the sensually cultivated traditions of the East. Exploring Tantra from the female perspective, Diana Richardson reveals the critical role receptive feminine energy plays in allowing orgasmic states to arise. Her 20 years of tantric research and personal experience provide readers with an understanding of how the various parts of the female body may be activated to deepen ecstatic states. Readers will learn how to re-circulate orgasmic energy; why breast stimulation takes priority over vaginal attention; the difference between soft penetration and deep sustained penetration, including how to avoid premature male ejaculation; and how women can strengthen the erection response of male partners. Tantric Orgasm for Women shows how women can exert a powerful influence on their sexual experiences when they understand the inner workings of their bodies and when they avoid adopting conventional ideas about what should be satisfying to them.

Tantra is a vital path toward full interior development through sex, love, and meditation. Its origin dates back to ancestral India, and from there has enlightened many generations of lovers who have penetrated the secret that leads to ultimate happiness. The practice of Tantra heightens the energy and creativity levels, in addition to reinforcing the partners' connection. It is an integral method that permits the growth of the participants in all aspects of their personality: sexuality, intuition, spirituality, and more. Through the words of Guillermo Ferrara, whose teachings on Tantra are known worldwide, the step-by-step exercises and photographs come to life. The Ultimate Guide to Tantric Sex contains, amongst other themes: • Introduction to Tantra and the energies of love • Seduction and sensuality • Yoga for lovers • Sensitive touch and sensual massages • Secret erotic points • Sexual magic, rituals, symbols, and dances • Advanced sexual poses • Tantric exercises for couples • How to achieve a multiple orgasm • Prolonging pleasure • Eighteen lessons of tantric sex

Is your sex life getting boring and repetitive? Are you looking for ways to rekindle the passion in your relationship and increase the complicity with your partner? Do you want to discover new sex positions and master the secrets of Tantric sex? Do not go further; this is the book for you! "Tantric Sex Guide For Couples" is the perfect reading to spice things up in the bedroom and improve your relationship. Thanks to this book, you will be able to connect on a completely different level with your partner and discover new aspects of your relationship. This book is not just about exotic sexual positions; it can help revitalize lost enthusiasm, increase complicity and ultimately rekindle the fire of passion. Your sexual intimacy will never be the same again. Tantric Sex Guide for Couples contains: History of Tantra from the origins to the present Tantra and the way of liberation Shiva and Shakti duality - Understand your sexual energy Tantric Yoga with illustrated positions Step by step breathing techniques How to touch your Shiva How to touch your Shakti Tantric step by step illustrated sex positions Tantric massage Orgasm secrets And many more! The "Tantric Sex Guide for Couples" is a concentrate of information and ideas that will help you not to fall into the trap of routine. Take your first steps on a journey that will lead you to discover the nuances of sex and achieve ultimate pleasure for you and your partner! Are you ready to master the secrets of sex? Click the BUY NOW button!

You're about to discover the crucial information regarding Tantric Sex. Millions of people have already experienced the amazing benefits that sacred sexuality has to offer. It can be overwhelming if you have been thinking about adjusting the sexual relationship you share with your partner. This book goes into the origins and history of Tantric Sex, practical ways to incorporate Tantric Sex into your own life, the science behind it, the pros and cons, and the future of this practice. By investing in this book, you can get a grasp of what the life-changing experience of Tantric Sex can bring to you.

This modern and comprehensive guide to Tantra celebrates the sacredness of desire and the human body. Much more than an erotic sex manual, Secrets of Sacred Sex explains the Hindu Tantric tradition, its philosophy, and its principles. The authors, a devoted married couple, demystify Tantra in ways that make this ancient tradition accessible to beginners, offering authentic exercises and techniques that will help turn your every moment of pleasure into an opportunity to experience the divine.

Are you suffering from "bedroom boredom"? Are you ready to rejuvenate your sex life and take it from lukewarm to sizzling hot right now? If you don't know much about Tantric Sex, don't worry. We all start with nothing. For those who do commit to learning the art of Tantric sex, you and your partner will never look at or enjoy the same way ever again. The purpose of this book is to provide a full perspective of Tantric sex, including how to lengthen the sexual experience and deepen the pleasure of sex with one's partner. Each chapter in this book will speak on a matter that contributes to these aims, working in harmony to build the overall Tantric experience in written form. We will explore how to create an ambiance that allures the senses and fosters the deep intimacy between you and your partner that is at the core of Tantric sex practices. Beyond that, we will delve deeper into the concepts that form the Tantric spiritual perspective and discuss how to merge the masculine and feminine aspects of the self for better lovemaking. We will also explore how to let go of judgment and self-consciousness to immerse oneself more fully in the sexual experience. Finally, we will look at guru-inspired Tantric methods and positions for maximum pleasure for you and your partner. During tantric sex, we will be fully present in our bodies and feel an incredibly strong emotional and spiritual bond with our partners. It will feel as if we have melted together in love. What you've just read, is only the tip of the iceberg. If you wanna read more and if you are keen to get the sex right every time. if you are keen to bring new excitement and rekindle the fun instead of feeling the fire of doubt,

then you must get this book.

TANTRIC SEX FOR WOMEN is the first woman-focused tantric sex book to be published in the US. It has an inclusive, empowering feminist approach that embraces all women. Written first for women who love women, it also explains how every woman, heterosexual, bisexual or solo, can use the information and exercises to suit her situation. Sex is an art that has to be learned. TANTRIC SEX FOR WOMEN encourages women to playfully engage in their sexuality and to cultivate their sensuality. The introduction gives the basics of "Tara"-tantra, a woman's tantra created by the author. In this updated, fully illustrated second edition, the author uncovers every aspect of this ancient practice, and introduces the principles, techniques, and rituals of Tantra.

55% OFF for Bookstores! NOW at \$ 33.95 instead of \$ 44.95! Do you want to seduce your partner and add spices to your relationship? Do you want to discover new exciting sex games? Do you love practicing different sex styles? Unleash your sexual potential with tantric exercises, positions, and massages to satisfy your partner's deepest desires. Tantric sex is a type of sexual practice that emphasizes the union's spirituality between a man and a woman as a sacred act. Tantric sex is about contact with your sexual energy, which is considered the essence of life and the creation and use of this energy. When you can harness the power, you can have better sex and have sex for extended periods. Still, this energy will also give you more control in other areas of your life. Suppose you have been married for a long time or have been with your current partner for a long time, and the romance has faded in the relationship due to children. In that case, stress, work, or other common factors when exploring these tantric sex rituals together, they will remind you. Both are the reasons they joined in the first place. If you are ready to enhance your experience and add burning passion and romance to your relationship, then you have come to the right place. This book will give you great tips for both the indoor and outdoor bedrooms and some significant new sex positions to try. Even if you are already satisfied, there are many things you can do in your daily life that can help increase your libido and improve your sex life. Positions, for example, that will enhance your gender, impress your partner, and make love more fun for you than ever. In this book, you will find: Tantric Meditation Methods of Tantric Meditation Mantra Meditation Progressing of Mantra Meditation Yantra Meditation Choose your Yantra Meaning of the Yantras Start the Meditation Benefits of Tantric Meditation Shiva and Shakti, Ying and Yang Sex as Sacred Energy The Indian tradition Myths and Reality of tantric Massage Modern Sexual Yoga The physical and sexual Body Divine Sex in Hinduism And much more! Doing fun things together allows you to increase your dopamine levels together as well. When you have fun together, it increases your closeness with one another. It can enhance the joy you experience with each other. It adds a unique sense of intimacy to your relationship that cannot be added by sexual experiences. So, what are you still waiting for? Click the buy now button!

Take the guesswork out of improving your love life, enhance your bedroom skill and take your sex life to the next level with Tantra! Do you sometimes feel that there is no more intimacy between you and your partner? Are you looking for a comprehensive guide that will help you and your partner achieve intense orgasms and forge intimacy between you two? If yes, then Tantra might be the answer you're looking for. In this guide, you're going to discover how to unleash the power of Tantra to enhance intimacy, deepen your connection with your romantic partner and create an intense experience you and your lover will cherish for the rest of your lives. Here's a preview of the things you're going to discover in Tantric Sex How Tantric orgasm is different, and much better than a regular orgasm Reasons why you should get started with Tantric sex as soon as you can 9 essential Tantric communication essentials that will help you deepen the bond with your romantic partner 5 surefire tips to help you enhance your love life and have better sex using Tantra Step-by-step instruction to Tantric touch and massage How to get rid of premature ejaculation and lengthen the pleasure for both you and your lover Over 20 of the most intensely sexy and erotic Tantric sex positions that will maximize pleasure The core principles of Tantric sex It doesn't matter whether you're new to Tantra or you have some experience with Tantra sex, you're going to find new insights and techniques that will help you become a better lover very quickly! Scroll up to the top of the page and click the "Add to Cart" button to get started today!

Are you looking to spice up your sex life? Maybe things are getting a little boring in the bedroom and you're looking for that extra "oomph". If you're someone who wants to make your sex life that little more interesting and benefit from a plethora of benefits that come with it, then this is the book for you! "Tantric Sex Positions" is your definitive guide to the age old sex practice that has been improving the bedroom lives of people for aeons. Inside you'll learn everything you need to know about this exciting, tried-and-tested sexual practice. The topics you covered inside include: ? A thorough run down of all the basics you need to know to get started with this timeless sexual practice. ? An explanation of all the known therapeutic benefits of engaging in tantric sex. ? A detailed explanation of all the penetrations and positions you can use to improve your sex life. ? Techniques to prepare yourself for a tantric sex session. ? The truth about orgasms and how to make them even better. ? How to overcome insecurities in the bedroom. ? The tantric approach to contraceptives. Whether you feel insecure in the bedroom or are just looking to get more pleasure from your sessions, this book can help. The therapeutic benefits of tantric sex are endless. From anxiety and stress relief to having more peace of mind, this timeless sexual practice can do wonders for your well being. See this book as your blueprint to tantric sex success. You're one way ticket to a better sex-life through the practice of tried-and-tested methods that have helped spice up the sex lives of hundreds around the world already.

Off late, do you feel that you and your partner feel disconnected? Do you feel that your sex life has become monotonous? Do you feel like adding some spice back into your sex life and breaking free of the routine? Do you feel that there's something that is stopping you from forming a strong bond with your partner? Do you want to improve the intimacy quotient? Do you want to learn the different ways in which you can attain greater pleasure? Do you want to learn the different ways in which you can pleasure your partner? If your answer is yes for any of the questions that have been mentioned above, then this is the perfect book for you. Your reason for exploring the concept of Tantric sex could range

from curiosity to your want of establishing a spiritual connection with your partner. Regardless of your reason, this is the perfect book for getting you started with the teachings of Tantric sex. Tantric sex is so much more than simply establishing a physical bond between two partners. It is about connecting with your partner on an emotional and a spiritual level. It is the union of the female and the male energies present in the body, for forming a spiritual connection. Tantric sex will help in revitalizing your body, mind, and soul. Tantra can be practiced in different forms and Tantric sex is one of those forms that will help in awakening the dormant sexual energy present in your body for helping you attain greater pleasure. Tantric sex will help in turning up the heat between the sheets and add a new dimension to your sex life. In the course of this book, you will learn: The meaning of Tantric sex and its various benefits. The essentials of Tantric sex and the worship of the God or Goddess within. Preparation of your body for Tantric sex. Essentials of Tantric communication. The different Tantric sex positions and techniques. The basic teachings of Tantric sex. Various Tantric sex exercises and yoga positions. The ways in which Tantric sex can be made use of for male and female orgasms. All the information regarding Tantric sex, the different positions, and variations will help you in forming a bond with your partner that surpasses the physical realm. So, what are you waiting for? Let's get started! Buy your copy today!

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